



# Activities Package

February 13 - 16, 2026





## **Welcome to the 2026 Spruce Grove Sweetheart Ringette Tournament, proudly known as one of the top ringette tournaments in Canada.**

On behalf of the Spruce Grove Ringette Association Board and our entire membership, we are excited to welcome teams, athletes, coaches, officials, volunteers, families, and fans to this year's Sweetheart Tournament. Each season, this event continues to grow not only in size, but in reputation, and we are proud to once again host teams from across Alberta and beyond.

The Sweetheart Tournament has become a highlight of the ringette season, known for strong competition, excellent organization, and an outstanding atmosphere both on and off the ice. Over the course of the weekend, you will see impressive skill, teamwork, and sportsmanship as athletes compete, develop, and create lasting memories.

This year's tournament is especially exciting as it gives many athletes the opportunity to compete at Heavy Metal Place, Spruce Grove's new premier sport and event facility. Opened in 2025, Heavy Metal Place features state of the art twin NHL size ice surfaces, modern player amenities, and seating for thousands of spectators, creating an exceptional game day experience. We hope as many teams as possible have the opportunity to play in this outstanding venue and enjoy everything it has to offer.

As a reminder, we expect the highest level of sportsmanship from all participants throughout the tournament. This expectation applies to conduct on and off the ice and in the stands, and anything that goes against the spirit of our tournament and the sport of ringette will be addressed accordingly.

Between games, we encourage teams and families to take advantage of everything the tournament and the tri community area have to offer. Be sure to participate in the special events running throughout the weekend, including team activities, raffles, our silent auction, and the always popular 50 50 draw. Please watch for posted QR codes around the arenas and follow our social media channels for updates and information.

We hope you also enjoy your time exploring Spruce Grove, Stony Plain, and Parkland County. The tri community area offers a wide range of amenities, dining, and attractions for teams and families during your stay.

This tournament would not be possible without the incredible support of our sponsors, whose generosity helps make the Sweetheart Tournament both memorable and accessible for teams. We are equally grateful to our volunteers, who are the backbone of this event and whose time and dedication ensure everything runs smoothly.

Thank you for being part of the Spruce Grove Sweetheart Ringette Tournament. We wish all teams the best of luck, safe travels, and an enjoyable and competitive weekend.

Aaron Bomke  
President  
Spruce Grove Ringette Association

## OFFICE OF THE MAYOR

On behalf of Spruce Grove City Council and our residents, it's my pleasure to welcome you to Spruce Grove for this year's Spruce Grove Ringette Sweetheart Tournament. With over 1,000 athletes, coaches, and officials visiting our community, representing dozens of teams, this weekend is sure to be packed with high calibre competition and a rich exchange of community spirit.

We're always happy to have competitions like this come to Spruce Grove. They promote sportsmanship, provide an excellent opportunity for personal and athletic development, and allow our local athletes and sports families to connect with others from around the country. It's also an opportunity for local organizations, like the Spruce Grove Ringette Association, to make great use of some of our facilities, including the TransAlta Tri-Leisure Centre and the Agrena.

I hope you enjoy your visit and I encourage you to make the most of your stay. We are proud to offer a wide variety of shops, restaurants, and services in Spruce Grove. Our residents and businesses will be happy to show you the hospitality and friendly service that makes Spruce Grove the Community of Choice.

Congratulations to the Spruce Grove Ringette Association for organizing this event, and thank you for your continued contribution to the health and wellness in our community and across Canada.

Good luck to you all!

Jeff Acker Mayor

City of Spruce Grove



[CLICK HERE FOR SPRUCE GROVE TRAVEL GUIDE](#)



## OFFICE OF THE MAYOR



February 2026

I would like to extend a warm welcome to all athletes, coaches, parents, and spectators who are attending the 2026 Sweetheart Ringette Tournament in the Tri-Municipal Region.

We hope you will have the opportunity to experience the hospitality and the pride we have in our tri-regional communities during your stay. While you are here, please take some time to visit the Town of Stony Plain.

The Tri-municipal region has a strong history of community involvement and joint-partnerships. Residents, local service clubs, organizations, and local businesses are well-known for their support of community initiatives. This championship is no exception and could not be possible without the unwavering commitment and efforts of the many volunteers who have given of their time and energy. Such dedication and participation demonstrates the heart of our tri-regional community.

On behalf of the Council and the residents of Stony Plain, we would like to thank all the volunteers and sponsors who have contributed to the success of this regional championship tournament.

Best of luck to all participants, and we wish you a pleasant stay in the community.

Sincerely,

A handwritten signature in blue ink, consisting of a stylized, cursive name that appears to be "William Choy".

Mayor William Choy



On behalf of Parkland County Council, it's my pleasure to welcome you to the Tri-Municipal Region for the 2026 Sweetheart Ringette Tournament. As this tournament continues to grow each year, I'm reminded of the community connections which make ringette such an exciting sport.

Across our tri-region, the little rinks tucked into neighbourhoods, community leagues, and rural subdivisions are where local players first find their stride. Long hours logged at these local rinks are what shape skills and spark friendships. Soon, the local skating spot becomes a community hub, and relationships go beyond the boards.

It takes a community of dedicated individuals to host an event like this. Behind every competition are families who travel, volunteers who give countless hours, coaches who shape young players, and local organizations who make it all happen. To everyone who has helped bring this tournament to life—thank you. Your dedication supports the positive, welcoming culture that keeps ringette growing.

To the players - remember to play hard, play fair, and most of all, have fun!

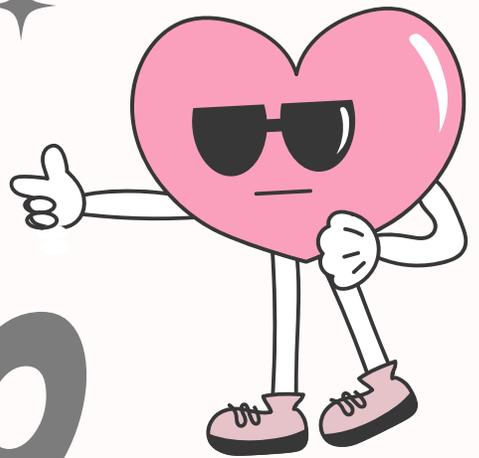
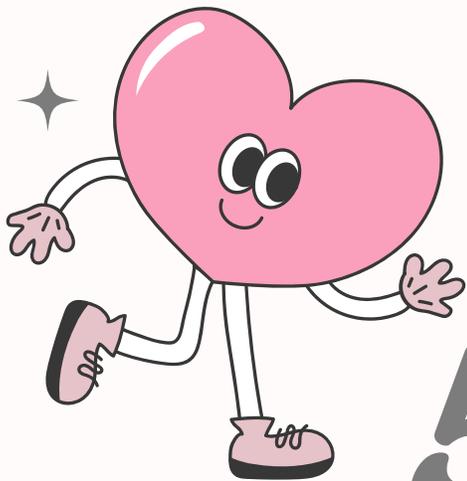
Best of luck to all!

Sincerely,

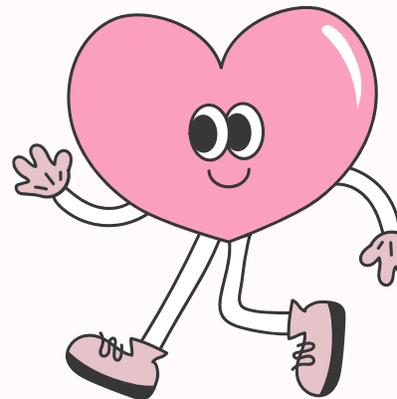
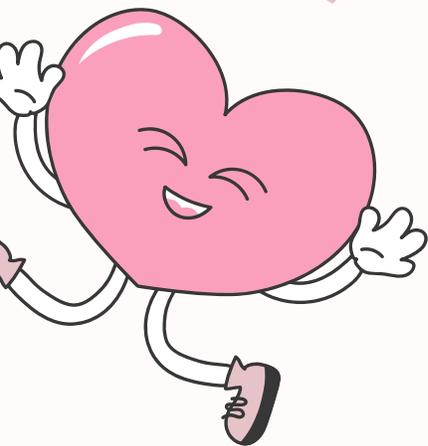
A handwritten signature in black ink, appearing to read "Rod Shaigec".

Mayor Rod Shaigec  
Parkland County



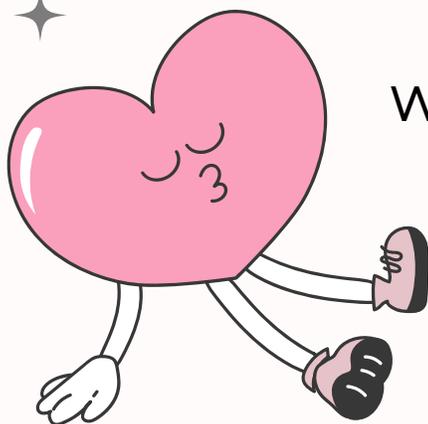


50/50



Buy your tickets  
online now!!  
Draw date: Monday  
February 16, 2026  
@ 1 pm

Winner takes half !!!!





WE WILL HAVE A NONPERISHABLE FOOD DRIVE HAPPENING AT OUR BELOVED SWEETHEART TOURNAMENT. WE ARE ASKING EVERY PLAYER TO BRING IN A MINIMUM OF ONE NON PERISHABLE ITEM TO DONATE TO THE PARKLAND FOOD BANK. WE WILL HAVE BINS SET UP IN THE TRI LEISURE CENTER LABELED WITH OUR RINGETTE GIVES BACK SIGNAGE. IF EVERY PLAYER COMING TO THE SWEETHEART BRINGS IN JUST ONE ITEM, WE WILL HAVE COLLECTED OVER 1000 FOOD ITEMS TO BE DISTRIBUTED TO FAMILIES IN NEED ALL AROUND THE PARKLAND AREA!!

PLEASE FEEL FREE TO FOLLOW US ON INSTAGRAM FOR UPDATES ON HOW THE DRIVE IS GOING

@SGRA\_COMMUNITY\_TEAMMATES AND THANK YOU SO MUCH FOR YOUR CONTINUED SUPPORT OF THE PARKLAND FOODBANK, THESE DRIVES MAKE A HUGE IMPACT ON OUR COMMUNITY!



## Sportsmanship Challenge

Together with our partners at Hillberg & Berk and So Pretty Cara Cotter Jewellery we're celebrating the true spirit of sportsmanship at the Sweetheart Tournament. Let's compete with skill, respect, and camaraderie—on and off the ice—and create a positive, supportive environment for our athletes.

Parents and spectators, please remember: kids play sports to learn teamwork, problem-solving, and to have fun. Many of our referees are youth as well—let's treat them with kindness and respect. We have zero tolerance for disrespect toward officials or other spectators.

### ♥️ Sweetheart Sportsmanship Challenge ♥️

On or off the ice — good sportsmanship always shines!  
See an opponent do something kind, respectful, or just plain awesome? 🌟

Submit a nomination at any registration Desk with:

- Player's jersey number
- Team name
- What they did that made you smile 😊

🎉 Prize Draw: Sunday at 4:00 PM 🎉

We'll be drawing FOUR winners for some sweet treats:

- 💎 Two pairs of earrings
- 🍷 Two ringette charms

• Because great sportsmanship deserves to be celebrated!



# THE CITY OF SPRUCE GROVE PLAYERS CHOICE COACH AWARD

THIS AWARD RECOGNIZES RINGETTE COACHES WHO MAKE A POSITIVE IMPACT ON THEIR PLAYERS BOTH ON AND OFF THE ICE. GREAT RINGETTE COACHES INSPIRE CONFIDENCE, TEACH TEAMWORK, RESPECT THE GAME, AND HELP ATHLETES GROW—NOT JUST AS PLAYERS, BUT AS PEOPLE.

PLAYERS ARE INVITED TO NOMINATE THEIR COACH BY SUBMITTING A NOMINATION AT ANY REGISTRATION DESK.

PLEASE INCLUDE:

- COACH'S NAME
- TEAM NAME
- A SHORT NOTE EXPLAINING WHAT MAKES YOUR COACH A GREAT RINGETTE COACH

EXAMPLES MAY INCLUDE LEADERSHIP, ENCOURAGEMENT, FAIRNESS, DEDICATION, SPORTSMANSHIP, OR CREATING A FUN AND SUPPORTIVE TEAM ENVIRONMENT.

✦ FIVE PRIZES ARE AVAILABLE AND WILL BE AWARDED BY DRAW ON SUNDAY AT 4 PM



# Scavenger Hunt



SPONSORED BY

**ALBERTA  
DECK SHOP**



1st Prize - \$200

2nd Prize - \$100

Follow us on instagram @ sprucegroveringette

Post to instagram with hashtag # sweetringette2026 and tag

@ sprucegroveringette

Please include your team name and division in all posts

Each challenge = one entry into the draw

Draw will take place Mon February 16th at 4pm

**DO THE ESCAPE ROOM  
CHALLENGE. TAKE A  
PHOTO AT THE END WITH  
THE RING**

**TAKE A PHOTO OF YOUR  
TEAM WITH ONE OF THE  
REFS FROM YOUR GAMES**

**TAKE A PHOTO OF YOUR  
TEAM MAKING A  
DONATION TO THE  
FOODBANK**

**TAKE A PHOTO WITH  
ANOTHER TEAM OFF THE ICE**

**TAKE A PHOTO OF YOUR  
TEAM IN FRONT OF ONE OF  
OUR SPONSOR SIGNS**

**TAKE A PHOTO OF YOUR  
TEAM PLAYING PLINKO,  
DUCKS OR RING TOSS!**

**TAKE A PHOTO OF YOUR  
TEAM PLAYING MINUTE TO  
WIN IT GAMES UPSTAIRS IN  
THE TEAM LOUNGE**

**TAKE A PHOTO OF YOUR  
TEAM AT THE  
PHOTOBOOTH**

# GAMES TABLE

SPONSORED BY



**TECHNICHROME**  
INDUSTRIES

**PLINKO, DUCK GAME  
AND NEW THIS YEAR  
RING TOSS**

**GAMES · PRIZES · FUN**

**\$2 EACH OR 3 GAMES FOR \$5**

# TEAM LOUNGE

The team lounge is located on the second floor of the Tri-Leasure, to the left of the concession. Teams may use this space for team meals, pre-game warmups, watching games on the north ice surface, or simply unwinding together. Parents are welcome—they are an important part of the team.

Bags and equipment are permitted in the lounge; however, as this is an unsupervised space, we cannot be responsible for lost or stolen items. Please be respectful of other teams, as multiple groups may be sharing the space at the same time.

Kindly clean up after use. Cleaning supplies and waste bins will be provided.

## MINUTE TO WIN IT GAMES

Looking for a quick team-building challenge? Try our free Minute to Win It games in the lounge! Open to all teams. Be sure to take a photo while playing and submit it for the scavenger hunt..

**BROUGHT TO YOU BY OUR TITLE SPONSOR**

***GRAHAM***

SGRA PRESENTS

# SWEETHEART ESCAPE ROOM TEAM CHALLENGE

 15-20 MINUTE CHALLENGE

 TRANSALTA TRI LEISURE CENTRE (TLC)

 PERFECT BETWEEN GAMES!

The Sweetheart Championship Ring has  
gone missing at the TLC!

Your team must solve puzzles, unlock  
boxes, and complete a heart hunt before  
time runs out.

Think fast. Work together. Escape with  
the ring!

Pick up your Escape Room info  
package at the Tri Leisure Centre  
Registration Desk

Complete the Escape Room and take a  
team picture with the ring to earn an  
entry into the Tournament Scavenger  
Hunt and a chance to win CASH PRIZES!

# Vendors

Pressedyyc

**SWEETHEART TOURNAMENT MERCH  
SCREENING OF T-SHIRTS, HOODIES, WATER  
BOTTLES, BAGS, YOU NAME IT!!**

**PREORDER LINK BELOW**

**[HTTPS://PRESSEDYYC.COM/SPRUCE-GROVE-SWEETHEART-TOURNAMENT-2025-PREORDERS-AVAILABLE-FOR-PICKUP-AT-THE-TOURNAMENT-CHOOSE-OPTION-AT-CHECKOUT-C176287517](https://pressedyyc.com/spruce-grove-sweetheart-tournament-2025-preorders-available-for-pickup-at-the-tournament-choose-option-at-checkout-c176287517)**





**RINGETTE JELLY CATS**

**\$17 EACH**

**AT THE TRI REGISTRATION DESK**

# RINGETTE NIGHT

JOIN YOUR RINGETTE TEAM, FAMILY AND FRIENDS FOR A NIGHT  
AT ROGERS PLACE WITH THE EDMONTON OIL KINGS!



VS



SATURDAY, FEBRUARY 14  
vs. CALGARY at 7:00 PM

**\$21** PER  
TICKET

PRE-GAME POSTER MAKING AND AUTOGRAPHS  
FROM PLAYERS OF RUSH AND WAM!

SCAN TO  
LEARN MORE OR  
RESERVE  
YOUR SPOT



FIRST 15 TEAMS TO  
BUY 50+ TICKETS  
WILL RECEIVE A  
SPECIAL IN GAME  
EXPERIENCE!

FOR MORE INFORMATION  
CONTACT MICAH YOU  
780-664-0750 | [MYOU@EDMONTONOILERS.COM](mailto:MYOU@EDMONTONOILERS.COM)



## Official Tournament Photographer

TEAM RATE \$225 per team Extra 10% OFF for teams that book before Feb 6th Limited slots available; once our schedule is full, we cannot guarantee coverage.

- ✔ Tournament Game Coverage
- ✔ Action Photography
- ✔ Team Group Photos
- ✔ Online Gallery for Families

*Book!  
Now!*





# **RAFFLE** **BASKETS**

**DON'T FORGET TO BUY YOUR RAFFLE BASKET TICKETS**

**DRAW SUN FEB 15 12 PM**

**MOVIE NIGHT**  
**BARBIE**  
**COZY THEME**  
**KPOP DEMON HUNTERS**  
**LABUBU**  
**GIFT CARDS**  
**SEPHORA**  
**CANDY**  
**ROBLOX**  
**JELLY CAT**

**LEGO**  
**AIR PODS**  
**YETI**  
**HAIR BASKET**  
**COLLEGE SURVIVAL KIT**  
**CAMP FIRE**  
**LULU LEMON**  
**LIQUOR BASKET**  
**LOTTO TICKETS**



# SKATE SHARPENING



FRIDAY 9 AM - 9 PM  
SATURDAY 9 AM - 9 PM  
SUNDAY 9 AM - 9 PM  
MONDAY 9 AM - 5 PM

SHARPENING COUPON IN PLAYER SWAG BAG

# **THANK YOU TO OUR** *Sponsors*

## **TITLE SPONSOR**

**GRAHAM CONSTRUCTION**

## **PLATINUM SPONSORS**

**Fix it Right Plumbing and Heating**

**Zender Ford**

**CCI Inc.**

**GS Construction**

**Empower Construction Group inc.**

## **GOLD SPONSORS**

**CB Max Excavating**

**Jen-Col Construction**

**Fix it Auto Spruce Grove**

**GB Synthetics**

**Nesreen McDonald- Century 21 Leading**

**St. Albert Source for Sports**

**Westshore Controls**

**Wood n Smoke**

**The City of Spruce Grove**

## **SILVER SPONSORS**

**Ian and Chantal Kondics, Remax Preferred Choice**

**NexGen Transportation**

**Meridian Veterinary Clinic**

**Tri-Municipal Veterinary Clinic**

**San Rufo Homes**

**Technichrome Industries Ltd.**

**Adams & Company CPA**

**Hokanson Capital Inc.**

**FortisAlberta**

**Town of Stony Plain**

**Booster Juice**

**Select Electrical**

**Golden Spike Lumber**

# THANK YOU TO OUR

## *Sponsors*

### **BRONZE SPONSORS**

Pet Foods Etc.  
The Black Dirt Company  
Well Hung Doors  
XCaliber Crane  
Task Concrete Cutting and Construction  
Parkland Rehabilitation  
Pine Ridge Golf Course  
Entwistle Concrete  
Well Hung Door  
Pioneer Pharmacy  
WEG  
Alberta Deck Shop  
Grove Collision Repairs Ltd.  
International Union of Operating Engineers Local Union No. 955  
Spruce Grove RV Storage  
Signature Orthodontics  
Elements Health  
Alberta Strength and Fitness  
GFL Environmental

### **RUBY RING SUPPORTER**

Edmonton Oil kings

### **SAPPHIRE RING SUPPORTER**

All Star Signs

### **EMERALD RING SUPPORTERS**

Thomas Kanata  
Mel Thomas Performance  
Lobay Dental  
Good Morning Honey  
03rd Eye Photography  
MVP Meal Prep  
Revolution Physical Therapy  
In A Rush Skate and Sanitize  
BCTL  
The Dutch Oven  
Fairway Dental